



Welcome Baby
ROAD TO RESILIENCE



YOLO COUNTY PERINATAL RESOURCES

BREASTFEEDING

**WIC Breastfeeding
Support and
Warmline**
(800) 663-8685

**Welcome Baby: Road
to Resilience
Lactation RN**
(916) 403-2905

CAR SEATS

**Yolo County Car Seat Safety
Program**
(530) 406-4410

CHILD DEVELOPMENT

Help Me Grow
(844) 410-4769

Head Start
(530) 668-3055

CHILDCARE

Children's Home Society
(530) 723-5225

CRISIS LINES

**Yolo County Mental
Health & Access Line**
(888) 965-6647

**Empower Yolo
(Intimate Partner
Violence)**
(530) 662-1133 or
(916) 371-1907

EMERGENCY CHILDCARE

Yolo Crisis Nursery
(530) 758-6680
Free, 24 hours, for ages
0-5

FOOD RESOURCES

WIC
(916) 375-6390 or
(530) 666-8445

Yolo Food Bank
(530) 668-0690

FINANCIAL SUPPORT

CalWORKS/CalLEARN
benefitscal.com

STEAC
530-758-8435

HOUSING

Mercy Housing
mercyhousing.org

**Visit a local Family
Resource Center –
see list on reverse
page**





YOLO COUNTY FAMILY RESOURCE CENTERS

YOLO COUNTY CHILDREN'S ALLIANCE

1200 Anna St. West Sacramento, CA (916) 403-2909

Serving residents of: West Sacramento, Clarksburg

www.yolokids.org

Resources

- Food referrals and distribution
- Utility shut off and eviction prevention
- Tax assistance, youth career support
- CalWORKs, CalFRESH, and Medi-Cal Application Support
- Housing referrals and advocacy

Family Supports

- Developmental Screenings
- Educational activities for 0-5
- Parent support and education

EMPOWER YOLO

9586 Mill St. Knights Landing, CA (530) 661-5519

Serving residents of: Davis, Woodland, Knights Landing

441 D St. Davis, CA (530) 757-1261

175 Walnut St. Woodland, CA (530) 661-6336

www.empoweryolo.org

Resources

- Food referrals & distribution
- CalWORKs, CalFRESH, and Medi-Cal Application Support
- Housing referrals
- Emergency clothing
- Hygiene products, diapers

Family Supports

- Mother's support groups
- Child development programs
- Parent support
- Financial coaching
- Health education

RISE, INC

17340 Yolo Ave. Esparto, CA (530) 787-4110 417

Serving residents of: Esparto, Winters

Haven St. Winters, CA (530) 794-6000

www.riseinc.org

Resources

- Food referrals and distribution
- Utility shut off and eviction prevention
- Tax assistance, youth career support
- CalWORKs, CalFRESH, and Medi-Cal Application Support
- Housing referrals and advocacy
- Unemployment application assistance

Family Supports

- After school program, activities for 0-5
- Child development center for 3-5
- Nurturing parenting program
- Summer program
- Youth employment services
- Translating services
- Mental health services