



Welcome Baby

ROAD TO RESILIENCE

MEET OUR TEAM!



PERINATAL HEALTH COORDINATOR

MARTHA

I manage all day-to-day activities for the nurse home visiting team, including scheduling, hospital rounding, client referrals, follow-up calls, as well as maintaining relationships with medical providers. In my free time, I love gardening, time with family and friends, and karaoke. I have 4 kids, so I do a lot of Mom everything. I am also board president with the non-profit dance company Folklorico Latino de Woodland.



REGISTERED NURSE

MARISSA

I have been a nurse for over 5 years and am exceptionally grateful that my nursing career led me to this position. I can now return to my community what was once given to me. I offer clinical experience, education, breastfeeding support, community resources, and more. In my free time, I'm out with family or friends, walking around, riding my bike, or at the Woodland Opera House catching a show.



REGISTERED NURSE

LEAH

I will support you in your parenting journey by offering clinical advice, education about how to care for your new little one, and personalized lactation support.

When I am not doing home visits, you can find me volunteering as a birth doula, backpacking, running, rock-climbing or doing pretty much anything outdoors.



**BEHAVIORAL HEALTH
CLINICIAN AND HOME VISITOR**

FARM (FAHM)

I provide therapy, supportive counseling, parent education, and case management. I am Lu Mien and bilingual in Mien and English.

Fun fact about me is that I have many hobbies. In my free time, I like to read, do arts and crafts (painting, drawing, jewelry making, etc.), play video games, or enjoy nature outdoors.



BEHAVIORAL HEALTH NAVIGATOR

MARCIA

In my role as a Navigator, I provide different types of support to the families that I work with. My goal is to improve their quality of life and contribute to them having the best experience becoming a parent. I am client centered and compassion focused with a perspective of cultural humility. In my free time, I enjoy listening to music and podcasts, traveling, and spending time with my family.



FAMILY SUPPORT SPECIALIST

THALIA

I work with prenatal and postnatal parents to help promote healthy child development and provide any resources needed.

In my free time, I enjoy going on hikes, making crafts, and thrifting!



FAMILY SUPPORT SPECIALIST

LAURA

As a Family Support Specialist, I create a trusting and safe relationship with pregnant moms focusing on strengths as every family is unique. I provide weekly home visits bringing evidence-based curriculum to enhance family functioning, sharing child development information, and support healthy parenting approaches. In my free time, I enjoy spending time with my family and friends, walking my dog, and reading.



FAMILY SUPPORT SPECIALIST

DOLLY

As a Family Support Specialist, I help parents and babies feel healthy, happy, safe and supported. I help guide parents throughout their pregnancy and postpartum through parent support and education, evidence-based curriculum, connection to resources, and support in other areas of parental needs.

In my free time, I enjoy spending time with family, running, watching movies, listening to music, and cooking.



FAMILY RESOURCE SPECIALIST

MAYRA

I help families connect to supportive services and resources, especially resources that families might not be aware are available to them. It is inspiring watching families become empowered and I am grateful to be of service in the community. During my free time, you will find me gardening, playing video games, or spending time with my loved ones.



FAMILY RESOURCE SPECIALIST

GLORIA

My work as a Family Support Specialist gives me the opportunity to serve and connect new parents and families to programs and community resources. In my spare time, I enjoy photography and I also love watching interior design programs.



COMMUNITY HEALTH SPECIALIST

DOMINIQUE

I provide community health support through person and family centered care management and coordination, outreach, and administrative support. You may find me out sharing information at local community events.

In my free time, I enjoy learning new things, gardening, and dancing!



WELCOME BABY:ROAD TO RESILIENCE

NEXT STEPS

If you or someone you know is pregnant or recently had a baby, sign up for Welcome Baby today.

Call/text 916-403-2905
or click [here](#) to sign up online.