



Weed Can Wait

Marijuana use
is not safe
while pregnant.

- Makes it harder for your baby to grow.
- Can hurt your baby's brain.
- Smoke can harm your baby.
- Stays in your breast milk over time.

For pregnancy care referrals

Healthy Families America

1-530-902-5983

Yolo County Women, Infant and Child

1-530-666-8445

For support with decreasing marijuana use

Yolo County Substance Use Services

1-530-661-2880

Yolo County Information and Referral

2-1-1

Narcotics Anonymous

510-444-4673



First5yolo.org