#### FIRST 5 YOLO'S HELP ME GROW

## Universal Early Childhood Mental Health Access and Linkage

#### **Uniting A Community Around Its Children**

July 1-June 30, 2024-2025 Results & Population Trends



Children screened for development

1101

Validated tools used to identify children who need more practice and those needing a referral to a specialist for further evaluation



Children at risk connected to intervention

72%

Children linked to individualized service to address identified needs (Home visiting, Early intervention Part B/C)
30% of children with special healthcare needs 1-17, got early intervention or special education services in California



330

Children participated in developmental playgroups

Parents and children practiced core skills facilitated by a licensed therapist



## Turned the curve together

Improved screening rate 35.5% in 2015-16 (HMG launch year) to **70.2%** in 2021-22 countywide

Collective impact
Yolo County was **3rd** place for screening in California

Room to grow
Medi-Cal children experienced
inequitable results with a 3343% screening rate.



Caregivers connected to therapy

23

Those with barriers to care, accessed in-home mental health therapy services



Improved caregiver functioning

93%

reported reduced depression scores and improved functioning in daily activities after therapy

# SCREENING & EARLY INTERVENTION MATTERS



### 1 out of 5

(20%) children 0-5 in CA have Special Health Care Needs

These children also known as
CSHCN have or are at
increased risk for a chronic
physical, developmental,
behavioral, or emotional
condition and require
services beyond that
required by children
generally

70%
of children with
developmental or
behavioral delays
at kindergarten
entry are identified
late leading to
costly special
education services

California is 1 of 6
states that can
serve children atrisk even if they
do not have an
established delay
or disability
enabling us to act
early

3.8%
of all infants and toddlers accessed Early intervention services (Part C) in Yolo

Statewide access ranges between 2.94%-9.54% among all regional centers despite 20% prevalence and broader eligibility

REFERENCES: CDC, Ages and Stages, Kids Data, First 5 Center for Children's Policy,
Prenatal-to-3 Policy Impact Center
Supporting-Our-Youngest-Learners-What-We-Know-About-Equity-in-EarlyIntervention-May-2021.pdf (edtrust.org)



