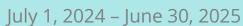
## **WELCOME BABY: ROAD TO RESILIENCE**

# WB:R2R Program Summary



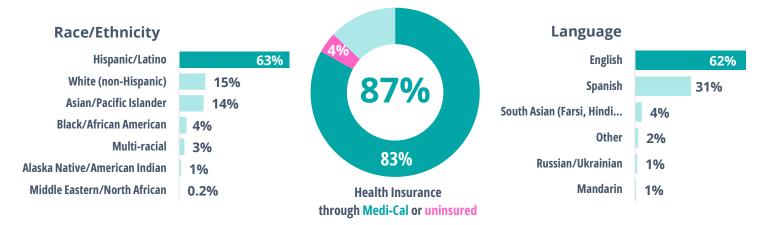


Welcome Baby: Road to Resilience (WB:R2R) provides vital, early services to families living in Yolo County with a child under the age of two. Families receive in-clinic resource navigation, a nurse home visit postpartum and follow-up, and, as needed, longer-term intensive home visiting services during pregnancy and the child's early years. WB:R2R's tailored, early approach enables timely identification and intervention to promote maternal and child health, prevent child maltreatment, and build a foundation for early learning and school readiness.

### **HOW MUCH DID WE DO?**



### WHOM DO WE SERVE?



### **HOW WELL DID WE DO IT?**



home visiting



depression & anxiety



**Received lactation support** during nurse visit



**Received services for** at least 6 months

### **ARE CHILDREN BETTER OFF?**



Avoided the need to enter Child Welfare Services



Exclusively Breastfeeding at 3 months

Higher than the Yolo County rate of 42%



Up-to-date on well-child visits

Higher than the local clinic rate of 40% at 6 months



**Up-to-date on immunizations** 

Higher than the local clinic rate of 58% at 6 months

Preventing child welfare involvement breaks cycles of intergenerational trauma and builds stronger families.

### **ARE PARENTS BETTER OFF?**



Received medical

postpartum visits



96%

Showed improvement in parenting skills



84%

Reduced or did not use alcohol, drugs, and tobacco



91%

Of caregivers with initial depressive symptoms showed improvement after 6 or more months of home visiting.

Postpartum care is key to identifying depression and life-threatening complications.

### **HOW DOES WB:R2R TRANSFORM SYSTEMS?**

"The program is necessary for any mom, whether it's their first or second baby, because **every baby is so different** and a lot can happen in those first few days. **It is so important to have someone in your home to support you.**"

~ WB:R2R parent

"...I feel like I matter and that I am genuinely cared for..." ~ WB:R2R parent

"Thank you for going to this patient's home. You **possibly** saved this baby's life."

~ Pediatrician, Medical Partner

WB:R2R is leading systems change by transforming how early family support is delivered across Yolo County. Through partnerships with 10 different medical systems, WB:R2R is embedding coordinated care into clinical settings, identifying and addressing systemic barriers, and ensuring families receive needed services to advance birth equity.





