



The First 5 Yolo Children and Families Commission met on the 10th day of January 2024 at International House, 10 College Park, Davis, CA 95616.

Commissioners in Attendance:

Anna Domek, Sally Brown, Jenn Rexroad, Garth Lewis, Nichole Arnold, Lucas Frerichs

Commissioners in Attendance via Zoom:

Heidy Kellison, Karleen Jakowski

Absent: Melissa Roberts

Staff in Attendance:

Gina Daleiden, Victoria Zimmerle, Rachel McFarland, Melina Ortigas

Public in Attendance:

Leigh Ann Simmons

ADMINISTRATIVE AGENDA

Item #1: Call to Order

Chair called the meeting to order at **3:04 pm**.

Item #2: Roll Call

L. Frerichs took a voice roll call.

Absent: M. Roberts

Late: G. Lewis

Item #3: Consider Approval of the Agenda

Motion: S. Brown **Second:** N. Arnold

Motion carried unanimously.

Item #4: Opportunity for Commissioners to state Conflict and Recusal

None.

Item #5: Public Comment

None.

Item #6: Approve First 5 Yolo Commission Meeting Minutes from 10/25/2023

Item #7: Receive Sponsorship Fund Allocations Report (West Sacramento Home Run Dia de Los Ninos Dia de los Libros and College Savings Workshop, CommuniCare+OLE Breastfeeding Training for Home Visitors, CommuniCare+OLE Human Milk Drive)



Approve consent agenda items 6-7.

Motion: N. Arnold **Second:** J. Rexroad

Motion carried unanimously.

Item #8: Receive Presentation of UC Davis Evaluation Report on First Year of First 5 Yolo's Welcome Baby

Dr. Simmons from the UC Davis Health Equity Across the Lifespan (HEAL) Lab presented the Welcome Baby One Year Report, noting the following highlights:

- The Report covers the first full year of program implementation, March 2022-March 2023
- Welcome Baby (WB) had far reach, including engagement of 9 medical systems, enrollment of 519 families, and 252 home visits conducted.
- WB served a diverse clientele, including historically marginalized communities in Yolo County:
 - o Nearly 60% identified as Hispanic/Latino
 - o 51.3% of those served preferred a language other than English
 - o 74.6% of those served were insured under Medi-Cal, and 25.4% were uninsured
 - o 49% of those served already had 1-2 children, 33% were first-time parents
- WB filled significant social service needs:
 - o 14.8% experienced mild-moderate depressive symptoms, 22.2% experienced mild-moderate symptoms of anxiety. All were referred to mental health services
 - these rates are higher than within the general population
 - o 90.5% of clients received at least one health or social welfare referral, including food/basic needs, medical/dental/mental health, legal services, etc.
 - This population typically does not receive the social support services needed
 - o All clients received infant supplies, including diapers, toys, clothes, cribs, etc.
- WB improved key outcomes on 3 core measures of optimal postpartum/infant care, compared to Medi-Cal recipients who did not participate:
 - o Breastfeeding rates:
 - At time of home visit, infants were being exclusively breastfed at rates nearly twice that of the general Yolo County population
 - WB improved breastfeeding confidence: confidence increased for 81.9% of clients
 - o Postpartum visit completion:
 - 88.3% of clients in WB had a visit within 1 week of giving birth; 97.8% had at least 1 visit overall
 - Yolo County Medi-Cal patients: 37.4% had a visit within 1-2 weeks of giving birth, and only 42.7% had at least 1 visit overall
 - This is used not only to compare health systems (capacity, reach), but also health outcomes
 - o Well-Child visit rates:
 - WB clients had well-child visits at 1 month of life at rates 9 times higher than the YC Medi-Cal population
 - Important to catch early health problems in infants



- At 2-month mark, 99.4% of WB clients had well-child visits, versus 30% of Medical population

G. Daleiden noted that this data is not self-reported but is collected from client medical records and thus considered to be highly accurate.

Commissioners discussed and asked questions about populations of interest, staff ability to further breakout outcomes by demographic characteristics, lessons learned and how improvements made from lessons learned can be replicated in other projects, medical system costs savings as a result of Welcome Baby, and advocacy opportunities to expand and sustain the program. G. Daleiden and Dr. Simmions noted opportunities for additional funding and evaluation which would support the sustainability of the program long term.

G. Daleiden additionally noted that 82% of those offered WB services accepted, which is a much higher acceptance rate than other home visiting programs, and that 700 families have been served since the implementation of WB in March 2022.

G. Lewis arrived at 3:14 pm.

Item #9: Hold Public Hearing: Receive First 5 Annual Local Evaluation Report FY22/23

M. Ortigas noted that First 5 Yolo continues to serve a diverse population in Yolo County and presented highlights of the Local Evaluation Report for Fiscal Year 2022/2023 showing the positive impact of First 5 Yolo investments.

Public Hearing opened at 3:55 pm.

No public comment.

Public Hearing closed at 3:55 pm.

Item #10: Adopt First 5 Yolo Annual Local Evaluation Report FY22/23

Adopt First 5 Yolo Annual Local Evaluation Report FY22/23.

Motion: G. Lewis **Second:** S. Brown

Motion carried unanimously.

Item #11: Accept Quarter 1 FY2023/2024 Revenue and Expenditure Summary Report

V. Zimmerle provided details on the Quarter 1 FY2023/2024 Revenue and Expenditure Summary Report. Of note were small budget adjustments to reflect prior commission actions and projected variance associated with a prior year reimbursement received outside of the period of availability for FY2022-2023 to be recognized in FY2023-24.

Accept Quarter 1 FY2023/2024 Revenue and Expenditure Summary Report.

Motion: G. Lewis **Second:** N. Arnold

Motion carried unanimously.



Item #12: Executive Director Report

First 5 Association Advocacy Day and State Budget Request is happening on February 5, 2024. Commissioners who would like to attend the event should contact G. Daleiden as attendance is limited. First 5 Association is moving forward with the budget request of \$100 million from the State of California.

G. Daleiden noted that staff are close to completing First Yolo's proposal for the CDSS Office of Child Abuse Prevention Road to Resilience RFA. The scale of R2R will likely have to be reduced slightly once the current grant ends on June 20, 2024, and partners have been informed. First 5 Yolo is working to find other funding sources to support R2R, possibly including local medical systems, city funds, and County of Yolo Cannabis Tax revenue.

The Child Youth Behavioral Health Initiative (CYBHI) Round 3 grant was submitted in late October but CDSS has not yet sent award notices for Round 3. CYBHI efforts have been considerably behind schedule.

Pending satisfactory annual performance reviews, there will be step increases for the Management Services Officer and System Improvement and Implementation Officer.

L. Frerichs departed at 4:01 pm. N. Arnold proceeded to chair the meeting.

Item #13: Commissioner Reports

G. Lewis provided updates on the Roadmap to the Future. Yolo County applied for state level support of the program and will know in the next few weeks if Yolo is one of the five counties selected for funding. The next step in the project is conducting a needs assessment and Yolo County Office of Education will be reaching out to First 5 Yolo for collaboration.

Item #15: Adjournment

Meeting adjourned at 4:10 pm.

Next Commission Meeting scheduled:

March 13, 2024

International House

10 College Park, Davis, CA 95616