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Jenn Rexroad – District 3

Garth Lewis – Yolo County Office of Education

Nichole Arnold – Children with Special Needs

SPECIAL MEETING AGENDA

Commission Strategic Planning Retreat

February 28, 2023

9:00am-12:30pm

Note: Commissioners will join for breakfast from 8:30-9:00am and public meeting will be called to order at 9:00am. Matters of Commission business will not be discussed during breakfast.

Cache Creek Golf Club, Bahtenta Patio Room

14455 CA-16

Brooks, CA 95606

ADMINISTRATIVE AGENDA

1. Chair Call to Order and Welcome
2. Chair Roll Call
3. Chair Consider Approval of the Agenda
4. Chair Opportunity for Commissioners to state Conflict and Recusal
5. Public Public Comment

REGULAR AGENDA Presentation/Discussion/Possible Action

6. Executive Director Strategic Planning Retreat Workshop 3.5 hours
7. Chair Adjournment

Next meeting scheduled:
Commission Meeting
March 08, 2023
International House
10 College Park, Davis, CA 95616

I declare under penalty of perjury that the foregoing agenda was posted **February 24, 2023**, by 8:30 AM at the following places:

- 1) On the bulletin board at the East entrance of the Erwin Meier Administration Center, 625 Court Street, Woodland, California 95695
- 2) At www.first5yolo.org the website for First 5 Yolo, 2779 Del Rio PI Unit A, Davis, California, 95618

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FIRST 5 YOLO COUNTY

COMMISSION RETREAT

Prepared by Rafael Gomez, El Cambio Consulting
February 28, 2023

Retreat Agenda

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|---------------|---|
| 9:00 – 9:30 | Welcome, Introductions and Strategic Planning Process |
| 9:30 -10:30 | Our Local and Statewide Planning Context |
| 10:30 -10:40 | BREAK |
| 10:40 – 11:50 | Charting a Future Path: Emerging Strategic Directions and Commission Guidance <ul style="list-style-type: none">▪ Evolving the F5 Yolo Role▪ Program Investment Strategies▪ Sustainability Approach▪ Capabilities to Develop |
| 11:50 – 12:00 | Reflections and Next Steps |

Characteristics of Effective Strategic Plans

- The most effective strategic plans are...
 - ▣ Clear, simple and focused
 - ▣ Inspire a broader vision but offer achievable steps
 - ▣ Incorporate the views and participation of executive leadership, the board, staff and key stakeholders
 - ▣ Function as frameworks or tools for making decisions and adapting to the environment
- 3-5 year strategic plan horizon

Planning Activities and Timeline

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Senior Staff Planning Session (in-person or remote)	By February 15
Commissioner Retreat (in-person)	By February 28
Community Listening Sessions (3 virtual sessions)	March 1 – 21
Senior Staff Planning Sessions (3 virtual sessions)	March 15 – May 1
DRAFT Strategic Plan Framework	April 15
Commission Planning Session (in-person)	By May 15
FINAL Strategic Planning Framework	By June 1

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Our Planning Context

California First 5 Themes

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- Deepening **community disparities**, elevated family stress and mental health pressures
- Real policy/delivery system focus on measuring and impacting **equity** (and evolving First 5 strategies)
- Commitment to **parent voice and leadership**, but limited capability – an important tool to advance REDI goals
- **Workforce** challenges an aggravator of disparity and inhibitor of progress across the board

California First 5 Themes

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- Wide range of new programs and funding, but **navigation and equitable reach** a nagging challenge
- Continuing **Prop 10 funding declines** and **other funding stream growth** prompting new thinking on sustainability/funding strategies
- Redefining **First 5 role** from funder and advocate to system leader and integrator (not always with the tools and capabilities to do so)

First 5 Association 2022-24 Strategic Plan



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Yolo County Context

Comparison Data: Maternal Health Indicators

Mothers in Yolo County have higher rates of mental health issues and substance use than CA rates, especially if they are low income.



Maternal Health, 2016-2018

	California	Yolo County	Yolo County MediCal
Mental Health			
Prenatal depression	15.2%	14.5%	25.4%
Postpartum depression	12.3%	9.6%	16.8%
No social support	4.6%	6.2%	9.4%
Substance Use			
Alcohol use, 3 rd trimester	7.5%	9.8%	8.6%
Smoking, 3 rd trimester	2.5%	5.4%	7.3%
Smoking, postpartum	4.3%	7.6%	12.4%
Cannabis use, during pregnancy	4.7%	4.2%	7.2%

Reference: CDPH Maternal and Infant Health Assessment Data Snapshot (2022)

Maternal/Child Health is Deteriorating

	Pre-pandemic (2018,2019)	Pandemic (2021,2022)
Preterm birth rate	9%	10.7%
High pre-pregnancy BMI	31%	37%
Gestational diabetes	9.4%	10.8%
Exclusive breastfeeding rate (hospital)	85%	83.6%
WIC exclusive breastfeeding at 6 months	26.4%	22.7%
Well-child visit completion at 15 months (MediCal)	60%	24%

The COVID-19 pandemic has had serious negative impacts on maternal and child health in Yolo County.

Without intervention, these early risk factors can create lifelong consequences for the child, family, and community.

Reference: Yolo County HHSA, 2022; Partnership HealthPlan HEDIS Report, 2022

Children are experiencing higher rates of maltreatment

In California, more than 1 in 4 children experience an investigation for maltreatment during childhood, this number jumps to **nearly 1 in 2 for Black or Native American children.**

In Yolo County, children are experiencing abuse and neglect at higher rates than CA rates with youngest children being the most vulnerable.

2021 Child Maltreatment Substantiations Incidence per 1,000 Children		
Age	Yolo County	California
Under 1	27.3	21.1
1-2	13.3	8.2
3-5	7.1	6.9
6-10	6.0	5.9
11-15	4.7	5.3
16-17	4.2	4.0

Reference: University of California at Berkeley California Child Welfare Indicators Project

Screening rates have improved in CA, but at-risk communities need more help

In California, 72% of all children are screened for age-appropriate development

Yolo County's Medi-Cal population falls drastically behind with **only 24-39% of Medi-Cal infants and toddlers screened for appropriate development**

Low rates of screening were found for families who reported:

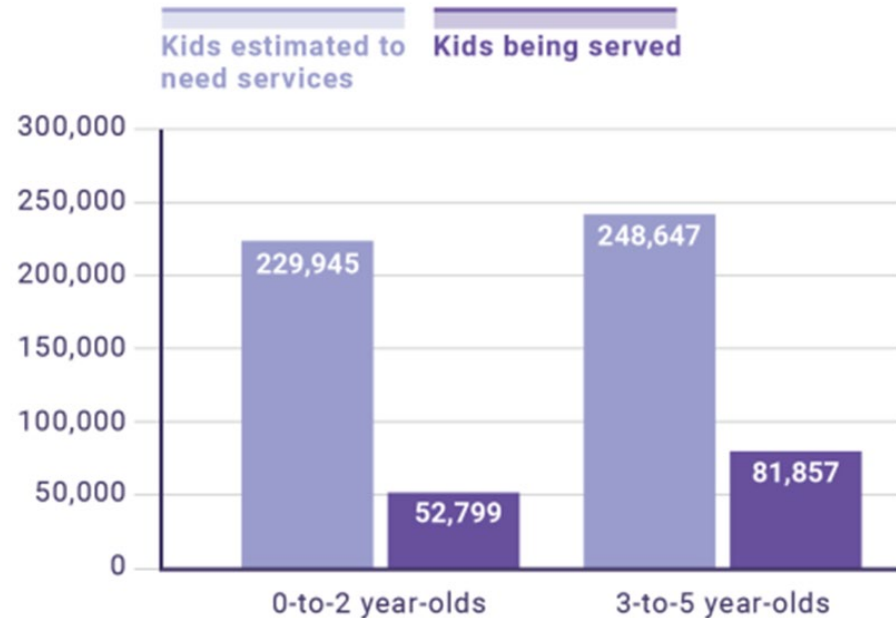
Medi-Cal insurance	No usual source of medical care/medical home	Incomes below 300% of federal poverty level	Less than a High School diploma	Hispanic, African American, Asian	Dual language learner children in the home
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References: CA Department of Healthcare Services, UCLA Center for Health Policy Research

Access to Early Start Services is limited across the State



Gap between children estimated to need early intervention services and those served ^{162, 163}



Only 3.8% of the 0–3-year-old population in the ALTA Regional Center (serving Yolo County) catchment area accessed Early Start services compared to the State average of 5.38%

Childcare & COVID-19 Pandemic

Since 2020, over 10,000 California childcare programs have either temporarily or permanently closed.

More than 75% of CA families report quality, affordable childcare is not accessible.

Yolo County closures during the Pandemic resulted in the estimate loss of over 1,000 childcare slots in Yolo County*

Yolo County Childcare providers have experienced increased operational costs and decreased revenues resulting in many providers delaying needed repairs and other quality maintenance/improvements**





Current Systems Initiatives and Program Investments

Systems Initiatives	Total FY23 Funding	% Prop 10 Funds	% Leveraged Funding
The CHILD Project: Road to Resilience	2,455,186	13%	87%
Help Me Grow	854,279	33%	67%
IMPACT (QCC)	1,722,754	5%	95%
Other Programs	281,126	27%	73%
One-Time Efforts	200,000	100%	-
TOTALS	\$5,513,345	14%	83%

Current Financial Outlook

Roughly 75% of F5Y revenues are currently from non-Local Prop 10 sources

- Across the current Strategic Plan, F5Y revenues increased from **\$1.935M to \$5.811M**
- The % of revenues from non-Local Prop 10 sources from **22% to 75%**

The impact of Prop 31 (Flavor Ban) is currently unfolding

- Prop 10 revenues are expected to decrease 10-15% in FY22-23 then an additional 7-10% in FY23-24, and ~1% annually thereafter through FY26-27

Moving forward, Prop 10 funding will largely be available to fund the infrastructure of F5Y, and leveraged funding will be required as the main source of systems/program funding



On the Horizon



Potential Grants

- F5CA IMPACT Legacy
- F5CA Regional Home Visiting Coordination
- YC MHSA
- YC Alternative Response
- CalWORKS HVP
- F5CA Refugee Family Support
- National Institutes of Health (NIH)- Center for Advancing Heart Health Equity After Pregnancy
- Patient-Centered Outcomes Research Institute (PCORI)- Health Equity Research

Statewide Sustainability Efforts

- Statewide Budget Ask
- Eligibility for existing funding streams

Other Sustainability Efforts

- Medi-Cal Billing (CHW Benefit/CalAIM)

Reflection

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- What strikes you as the most important differences in our planning context and position today versus 2018?

- Where might we think about new or more focused and deliberate emphasis in our next plan compared to 2018?

- What are the implications for how we utilize the varied “tools” available to us?
 - ▣ e.g. policy/systems leadership, funding outside entities, funding F5 delivered services, leveraged funding, parent/community voice

Emerging Strategic Directions

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Our Role

F5 as *the* expert and leader on issues for children 0-5

Meaningful parent/family voice

Role as integrator, connector and equity champion

Our Programs and Investments

Navigation, Connection and Home Visiting

ECE Workforce

Target disparities and COVID impacts

Our Sustainability

Leveraged funding strategies

State advocacy to preserve 0-5 commitment

Prioritizing F5-led work

Capabilities and Infrastructure to Potentially Develop

Marketing/Community visibility

Cross-Agency coordination and community leadership

Data and publications to tell the story

Grant response

Managing braided/leveraged funding

Ability to engage the family voice

Discussion

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- What directions resonate strongly with you?
- What would you change or add?
- Where is there an opportunity for Commissioners to play a bigger role?